

Block 34 – Laural Arestad

General instructions :

The measurements given for cutting include seam allowances of 7 mm ($\frac{1}{4}$ "), rounded to 15 mm ($\frac{1}{4}$ ") for two seams. Make any necessary adjustments. The measurements in the explanatory diagrams do not include seam allowances, except for those diagrams that specify "*Seam allowances included". For the templates, add a seam allowance of 7 mm ($\frac{1}{4}$ ") all around. For the appliqués, add your preferred seam allowance around the templates.

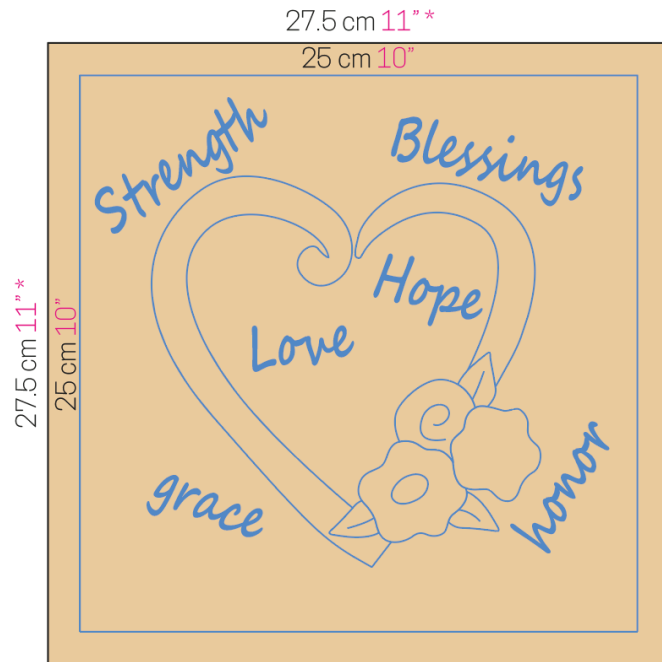
Cutting :

- From one ecru fabric for the background, cut the following:
 - one 27.5 cm (**11"**) A square; extra fabric is allowed when cutting to facilitate working the appliqués
- From one red fabric:
 - one heart 1
- From one green fabric:
 - leaves 2, 3 and 4
- From an assortment of pink fabrics:
 - flowers 5, 6 and 7
- From one chestnut brown fabric:
 - flower centres 8 and 9

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Assembly :

Diagram 1: Mark one 25 x 25 cm (10" x 10") square on the right side of the A square. Using a light source, transfer the motif outlines.



* Marges de couture comprises

* Seam allowances included

Diagram 2: Work the appliqués using the traditional method as follows: pin or baste the various pieces in place on the background square, turning your seam allowance to the back.

Then appliqué the elements with small invisible stitches in the numerical order of the templates.

Recut the appliqué block to 26.5 x 26.5 cm (10^{1/2}" x 10^{1/2}"), seam allowances included.

